



KNIGHTS NEWS – November 29, 2024



As we enter the festive month of December, we want to take a moment to reflect on the incredible journey we've shared this year. This season is a time of joy, gratitude, and togetherness, and we are so thankful for the support and partnership of our school community. Thank you for joining us in spreading cheer by contributing to our Airdrie Food Bank drive and the 1st Airdrie Christmas Hampers. Your generosity makes a difference!

Dates To Remember

December 2 – PL Day – No School

December 5 – Spirit Day - Winter / Christmas Hat Day

December 11 – School Council

December 12 – Spirit Day - Winter / Christmas Sweater Day

December 12 – Winter Wonderland

December 18 – Grade 3 Musical

December 19 – Spirit Day - Winter / Christmas PJ Day

December 20 – Last Day of School

Professional Learning Day



There will be no school on Monday, December 2nd. It is a Professional Learning Day for teachers and support staff. The nature of teachers' work therefore means that to grow as professionals they need focused time. The purpose of professional learning is to improve student success. All professional learning decisions are based on the simple question of how a teacher learning event can impact students. Our support staff work with our teachers on these valuable professional learning days.

Holiday Countdown! 🎄

We are so excited to share that during the month of December, we will be celebrating with a few spirit days to get us in the festive mood.

Thursday, December 5 - Winter /Christmas Hat Day

Thursday, December 12 – Winter /Christmas Sweater Day

Thursday, December 19 – Winter/Christmas PJ Day

Friday, December 20 – Winter/Christmas anything

Winter Wonderland Holiday Crafting



Our Winter Wonderland event will be held on Thursday, December 12th from 5:00 pm – 7:00 pm at the school. Please join us for an evening of holiday crafting, music and fun as we get into the holiday spirit. ❄️ 🧑‍🎄 🌲

Cookie Donations



We will be hosting a cookie walk during our Winter Wonderland event again this year. We would appreciate anyone able to donate cookies for this station!

We are looking for 6 cookies, packaged together, with a list of ingredients included. Just a reminder that we are a 'Nut Aware' school. Please bring packages of cookies to the main office from December 9th – 11th.

Thank you for your support!

Pre-Pak Meats

Ordering will be open until November 30, 2024. Orders can only be placed through School Cash Online. Funds raised will be going towards the sensory projector. Pick up will be at Heloise Lorimer School on December 17th. The exact time to be determined - an email will be sent closer to the pick-up date.

Snow Biz – The Grade 3 Musical

Heloise Lorimer School is excited to present “Snow Biz” the musical on Wednesday, **December 18th at 2:30 pm and 6:30 pm** - a fun-filled musical salute to the joys of winter. Both performances will involve all our grade 3 students. We hope you are able to join us for this wonderful musical!

Personal Belongings

The care of personal property is each student’s responsibility. The school cannot assume responsibility for missing items. **All articles of clothing and school supplies should be marked with the student’s name.** Students are strongly discouraged from bringing any valuable items to school. The school is not responsible for the loss, damage of or replacement of personal items. We are fundraising with Mabel’s Labels where you can order custom name labels for your child’s belongs: www.campaigns.mabelslabels.com

PBIS FOCUS

Positive Behaviour Interventions and Supports (PBIS) is an evidence-based, proactive approach to help build and improve safe and positive behaviours. The goal of PBIS is to teach students positive behaviour strategies, in the same way we teach all expectations within the school; explicitly taught, modeled and reinforced. PBIS includes school-wide procedures and processes intended for ALL students and ALL staff in ALL settings. We are focusing our efforts around 3 common expectations:

- Be Responsible
- Be Safe
- Be Respectful

Students are being recognized by staff members for their positive behaviours. Every month at our school-wide assembly, there will be a draw for a prize for the student and for the staff member that nominated that student.

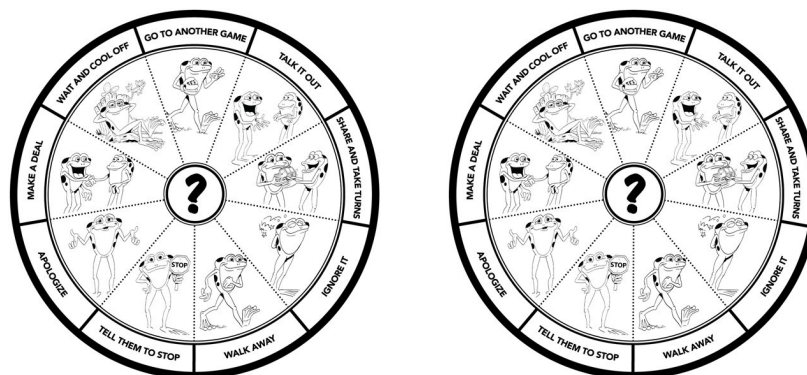
Responsible	Safe	Respectful
Leave no trace 	Move my body safely 	Use positive words 
Make good choices 	Show expected use of equipment 	Show whole body listening 
Be a problem solver 	Keep hands, feet, & objects to yourself 	Take care of materials & space 
Follow instructions 	Dress for the weather 	Take turns 

Update from the Child Development Advisors

Our Child Development Advisors have been in classes, teaching a program to empower students to become better problem solvers. This program is called Kelso's Choice and reminds students that they are BRAVE and KIND. Our grades 2 - 5 students have completed the lessons, and we are continuing to work with kindergarten and grade 1 students.

The premise of the program is to encourage students to recognize if a problem is BIG (dangerous, unsafe, illegal) or SMALL. If the problem is SMALL, they are encouraged to try at least two of Kelso's Choices before seeking out adult help. If the problem is BIG, they must talk to an adult.

Feel free to encourage this language and these strategies at home! More information can be found at <https://kelsoschoice.com/about/for-parents/>



Inclement Weather Procedure During School

During poor weather conditions, we are often asked how we decide whether our students will be staying inside or going outside for physical education classes and/or recesses. Our bottom line is deciding if the weather conditions may present a situation of danger to children. Generally, winter weather in the Airdrie area presents a limited number of days when conditions are dangerous, assuming that children are well prepared and properly clothed. We do not have an absolute temperature cut off when children remain inside. The ballpark number we work with is -20C, but there may be days when children go outside if it's colder (sunny day, no wind) and there may be days when they stay inside if it's warmer, depending on other factors.

NOTE: In extreme cold weather, it is particularly important that students do not arrive earlier than their assigned entry time. Doors will not be open before 8:45 am.

Dress for the Weather

As the weather cools down and our students continue to participate in outdoor physical education class, active commutes to school, classroom community walks, and daily outdoor recesses, proper clothing is critical for a positive experience and optimal learning at school.

How to Dress for the Weather Guide

Outdoor play is a great way to support healthy growth and development. Opening the doors to outdoor play in all kinds of weather provides children and adults with opportunities to spark their curiosity, leading to wonder, exploration and learning. When children have the right clothing for the season it contributes to them having positive, rich outdoor play experiences that just can't happen indoors. Get outside, be curious, let children lead and have fun!

Temperature	Recommended Clothing
20°C	Shorts, t-shirt, hat, sneakers
10°C	Long pants, long-sleeved shirt, socks, hat, sneakers
0°C	Long pants, long-sleeved shirt, jacket, socks, hat, sneakers, gloves
-10°C	Long pants, long-sleeved shirt, heavy jacket, socks, hat, sneakers, gloves, winter boots
-20°C	Long pants, long-sleeved shirt, heavy jacket, socks, hat, sneakers, gloves, winter boots, scarf

Supporting Outdoor Play Year Round

www.getoutsideandplay.ca www.befitforlife.ca

How to Dress for the Weather Tips

Tips for Hot

- Use sunscreen before going outside
- Wear a hat and sunglasses
- Bring a water bottle to stay hydrated

Tips for Rain and Wet Conditions

- Cotton absorbs moisture and stays wet and heavy. Avoid cotton clothing and socks on colder days
- Wear rubber boots to keep feet dry
- Elastic cuffs on sleeves of a rain jacket and ankles of splash pants keeps water out
- Pull pant legs OVER rain boots to keep feet dry
- Bring an extra set of clothes including waterproof mittens for cold, wet days

Tips for Cold

Dress in layers:

- **Base layer:** closest to your skin. Fits snugly and helps wick moisture away. Look for wool or polyester fabrics.
- **Mid layer:** the insulating layer that keeps you warm. Stick to wool or fleece.
- **Outer layer:** protects you from the elements like wind, rain and snow. This layer should be waterproof with enough room for layers underneath.

www.getoutsideandplay.ca www.befitforlife.ca

Healthy Hunger Fun Lunches

Our school has a program with Healthy Hunger known as "Fun Lunch". We partner with various vendors every week and families can purchase fun lunches on a weekly basis. The lunches are delivered to the school and distributed to the students. Classes are loaded for the 2024-2025 school year.

Please Note: The deadline to order is 5 days before the lunch date, so typically our order deadline is Saturday at midnight! **If your student is absent on the day of fun lunch, please call the office by noon, if you will be coming to pick up the lunch OR if you would like the lunch kept for when your student returns. If your child is not at school, and we do not hear from the family, the lunch WILL NOT be kept for the student. Pickups will be available at the office after 1:00 pm.**

Did you know that fun lunch is a fundraising program? A portion of the proceeds from each lunch ordered go back to the school. We use these funds to support our school community, such as field trips, school dances and events, curricular projects, active living week and more!

We are always looking for volunteers to help distribute lunches on Thursdays. Reach out to Karen at karenlc@live.ca for help setting up your account or to volunteer.


Healthy Hunger
Fun Lunch Fundraising

PARENTS

FUN LUNCHES ON-LINE

You have been asked to order your Fun Lunches On-Line... Now what? Go to www.HealthyHunger.ca and click "REGISTER YOUR STUDENT". After your account is created, you will be able to view all up-coming Fun Lunches, place orders, and then pay for your orders Online with Visa, or MasterCard.

HOW IT WORKS

Create an account	Add Student	View upcoming fun lunches	Place your orders and make payment online
			
STEP1. Click "REGISTER YOUR STUDENT" and create Your account. REGISTER YOUR STUDENT	STEP2. Login, and add your children to the account. ADD STUDENT	STEP3. View all the Up-coming fun lunch dates. VIEW UP	STEP4. Place your orders and make payment Online. ORDER NOW

Healthy Hunger Inc.
1935 27 Ave NE, Suite 107, Calgary, AB, T2E 7E4
e support@healthyhunger.com @ www.healthyhunger.ca

Upcoming Lunches:

- Dec 5th - State & Main
- Dec 12th - McDonalds
- Dec 19th - Boston Pizza



School Council

School Councils play an invaluable role in providing parents with opportunities for meaningful involvement in their children's school. School Councils encourage a strong partnership between the school and the family and help parents become actively involved in the education of their children. School Councils have implemented strategies, practices and activities which have created the conditions for parents to engage in their child's education and have reduced barriers for parents who find involvement more challenging.

Please join our school council. It is an enjoyable time to hear what has been happening in the school as well as what we can look forward to. It is a chance to hear from other parents, administration, teachers, and our trustee and to ask questions. Our meeting dates are as follows:

December 11/24 @ 6:30 pm

January 15/25 @ 6:30 pm

February 12/25 @ 6:30 pm

March 12/25 @ 6:30 pm

April 9/25 @ 6:30 pm

May 14/25 @ 6:30 pm

June 11/25 @ 6:30 pm

Our next school council meeting of the year is scheduled for Wednesday, December 11th at 6:30 pm. We will be meeting in person, at the school, in our staffroom beginning at 6:30 pm.

Sincerely,

Mrs. Terry Lewis and Ms. Kathryn Smith
Heloise Lorimer School Administration Team



