



## KNIGHTS NEWS – January 31, 2025



We hope this message finds you well and that the start of the year 2025 has been filled with positivity and progress. We are excited to share with you the upcoming events, achievements, and highlights that make our community a vibrant and enriching place for every member of our extended family.

The children have been doing exceptionally well this year; they have been having fun and learning many new and exciting things. We enjoyed a school wide presentation called Rapunzel from the Alberta Musical Theatre Company. They entertained us with a one-hour heart-warming musical with 3 professional theatre performers, beautiful sets and costumes.



As we head further into winter, please be sure that your child comes to school dressed warmly. We recommend layers, especially on days when we have outdoor recess.

Thank you for your continued support and partnership. We are grateful for the opportunity to work together in helping our students grow and succeed.

## **Dates To Remember**

**Monday, February 3<sup>rd</sup> – Kindergarten Registration Opens**

**Monday, February 3<sup>rd</sup> - Friday, February 7<sup>th</sup> – I Love to Read Week**

**Wednesday, February 5<sup>th</sup> – Winter Walk Day**

**Wednesday, February 12<sup>th</sup> – School Council Meeting**

**Thursday, February 13<sup>th</sup> – NED Mindset Mission Performance**

**Monday, February 17<sup>th</sup> – Friday, February 21<sup>st</sup> – No School**

**Wednesday, February 26<sup>th</sup> – Pink Shirt Day**

**Friday, February 28<sup>th</sup> – Rare Disease Day**

## **Kindergarten Registration Opens February 3**



Welcome to Kindergarten! This is an exciting milestone in the lives of children and their families that can help set the foundation for lifelong learning.

Kindergarten registration for the 2025/26 school year will open Monday, February 3<sup>rd</sup>, 2025.

RVS' Kindergarten programs are offered in accordance with the Education Act and Early Childhood Services Regulations. Kindergarten eligibility parameters are as follows:

- Parents/guardians may enroll their child in Kindergarten at their designated school provided the child is five years of age by December 31 in the year that they begin school, or they are five years old as of September 1 and have not taken Kindergarten previously.

\*A child who has not completed a Kindergarten program and is six years of age by December 31 in the year they begin school may be admitted to Kindergarten OR Grade 1 at their designated school at the beginning of that year.

Please see the Rocky View Schools site for more information on how to register:

[Kindergarten Registration](#)

## I ♥ To Read Week

February 3rd to 7th is our annual I Love To Read Week at Heloise Lorimer School. Each day will feature a special theme to celebrate our love of reading! Students will participate in activities such as Book Bingo, sharing stories and dressing up as characters they love. We are excited for a fun-filled week of literacy! DEAR (Drop Everything And Read) time will occur daily and each morning during announcements students will be challenged to identify quotes from various books.

Read What You Wear Day	Be a Sport and Read Day	Guest Reader Day	Dress Like Your Favourite Book Character Day	Cozy Up and Read with your Buddy Day
Mon. Feb 3	Tues. Feb 4	Wed. Feb 5	Thur. Feb 6	Fri. Feb 7
Wear something with words on it. Stop your friends and read the messages they are wearing!	Wear your favourite sports jersey/gear. Read all the different teams and sports!	Each class will have visitors come to their classroom to share a special book!	Make sure you can identify the book/story/comic your character is from. You will be asked!	What better way to end I Love To Read Week than by bringing your favourite book and snuggling up to share it with a buddy?

 **Book Bingo!** 

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
Read a book about a place you would like to visit	Read a book about your favorite sport or activity	Read a book that your parent liked as a child	Read a book to someone you love	Read a book that was made into a movie
Read a book with your favorite stuffy	Read a book with a friend	Read a book with a flashlight	Read a funny book	Read a book that has a character about your age
Read a book that has won an award	Read a book that will teach you a new skill	<b>FREE</b>  <b>SPACE</b>	Read a book in your bed	Read a book that has pictures
Read a non-fiction book	Read a book that does not have pictures	Read a book that was written more than 20 years ago	Read a book that is about a real-life person	Read a book that is fictional
Read a book written by your favorite author	Read a book that is part of a series	Read a book about being brave	Read a book that you've read before and loved	Read a book that has a cover that you love

## Winter Walk Day



On Wednesday, February 5<sup>th</sup> HLS will participate in Winter Walk Day, which is an Alberta based event promoting active living in winter. Last year, our students and staff joined in with the over 100 000 other Albertans who also took part. We look forward to another fun way to get outside and get active this year! For more details, visit <https://shapeab.ca/winter-walk-day/>



Wednesday, February 26<sup>th</sup> is Pink Shirt Day. Show your support on Pink Shirt Day by wearing the color pink to promote kindness and inclusivity for all. Pink Shirt Day celebrates diversity and creates environments where all people can feel safe, valued and respected.

This year's One Heart, One Mind pink T-Shirt was designed by Kadence Lánahmats George, a 13-year-old artist from Səlilwətał (Tseil-Waututh Nation). Kilila (Butterflies) hold deep cultural significance as a symbol of transformation and embody the spirit of "one heart, one mind," where togetherness and collective strength are celebrated.



T-Shirts and Hoodies are available for purchase on School Cash Online only until January 31<sup>st</sup>.



On Friday, February 28<sup>th</sup>, we recognize and show solidarity with those affected by rare diseases by wearing Rare Disease Day colors - blue, green, pink, and purple.

### **Important changes to Airdrie schools in September**

Airdrie schools will have several changes in Sept. 2025 including neighbourhood designations and grade configurations. Please carefully review all communications to ensure you are aware of impacts to your family. For more information visit the [Airdrie Changes for 2025/26 web page](#).

### **PBIS FOCUS**

Positive Behaviour Interventions and Supports (PBIS) is an evidence-based, proactive approach to help build and improve safe and positive behaviours. The goal of PBIS is to teach students positive behaviour strategies, in the same way we teach all expectations within the school; explicitly taught, modeled and reinforced. PBIS includes school-wide procedures and processes intended for ALL students and ALL staff in ALL settings. We are focusing our efforts around 3 common expectations:

- Be Responsible
- Be Safe
- Be Respectful

We will teach and focus on each expectation, one by one. All staff in the building will recognize all students who engage in this behaviour. We are working on positive behaviours for recess with a focus on playground and soccer expectations. The students and staff all played a part in the decisions that were made.

Responsible	Safe	Respectful
Leave no trace 	Move my body safely 	Use positive words 
Make good choices 	Show expected use of equipment 	Show whole body listening <b>Whole Body Listening</b> 
Be a problem solver 	Keep hands, feet, & objects to yourself 	Take care of materials & space 
Follow instructions 	Dress for the weather 	Take turns 

## Student Drop-Off and Pick-Up

Please do not use the staff parking lot for drop-off or pick-up as well as our designated bus zone at the front of the school (marked by 3 signs). We have 4 daycare buses coming to the school morning, noon and at the end of the school day. We need to have our bus zone free to support the daycares dropping off and picking up our students.

We do allow a 'Drop and Go' during the morning in the bus zone; however, we do not allow vehicles to wait or park.

Please be aware of community driveways/alleys and garages when parking to pick up students.

Students must be using the crosswalks if they are crossing the street. We are teaching them about road safety.

Students must use the sidewalks to enter the school. Please do not walk or have your children walk through our parking lot.



## Student Belongings – Lost and Found

With the onset of colder weather, students are wearing more articles of clothing such as boots, jackets, ski pants, toques, and mitts. Many of these are the same or can look the same and at times, can go missing. We end up with many of the items in our Lost and Found.

As stated in our school handbook which is located on our website:

*The care of personal property is each student's responsibility. The school cannot assume responsibility for missing items. **All articles of clothing and school supplies should be marked with the student's name.** Students are strongly discouraged from bringing any valuable items to school. The school is not responsible for the loss, damage of or replacement of personal items.*

### Check out our new Lost and Found – located in our main foyer



## Healthy Hunger Fun Lunches

Our school has a program with Healthy Hunger known as "Fun Lunch". We partner with various vendors every week and families can purchase fun lunches on a weekly basis. The lunches are delivered to the school and distributed to the students. Classes are loaded for the 2024-2025 school year.

Please Note: The deadline to order is 5 days before the lunch date, so typically our order deadline is Saturday at midnight! **If your student is absent on the day of fun lunch, please call the office by noon, if you will be coming to pick up the lunch OR if you would like the lunch kept**

for when your student returns. If your child is not at school, and we do not hear from the family, the lunch WILL NOT be kept for the student. Pickups will be available at the office after 1:00 pm.

Did you know that fun lunch is a fundraising program? A portion of the proceeds from each lunch ordered go back to the school. We use these funds to support our school community, such as field trips, school dances and events, curricular projects, active living week and more!

We are always looking for volunteers to help distribute lunches on Thursdays. Reach out to Karen at [karenlc@live.ca](mailto:karenlc@live.ca) for help setting up your account or to volunteer.

Upcoming Lunches:

February 6<sup>th</sup> – State and Main

February 13<sup>th</sup> – EDO

February 27<sup>th</sup> – Boston Pizza

### School Council

School Councils play an invaluable role in providing parents with opportunities for meaningful involvement in their children's school. School Councils encourage a strong partnership between the school and the family and help parents become actively involved in the education of their children. School Councils have implemented strategies, practices and activities which have created the conditions for parents to engage in their child's education and have reduced barriers for parents who find involvement more challenging.

Please join our school council. It is an enjoyable time to hear what has been happening in the school as well as what we can look forward to. It is a chance to hear from other parents, administration, teachers, and our trustee and to ask questions. Our meeting dates are as follows:

**February 12<sup>th</sup>/25 @ 6:30 pm**

**March 12/25 @ 6:30 pm**

**April 9/25 @ 6:30 pm**

**May 14/25 @ 6:30 pm**

**June 11/25 @ 6:30 pm**

**Our next school council meeting of the year is scheduled for Wednesday, February 12<sup>th</sup> at 6:30 pm.** We will be meeting in person, at the school, in our staffroom beginning at 6:30 pm.



## **Inclement Weather - Emergency Closure of Schools**

With our unpredictable weather changes, please be aware of RVS procedures. When schools remain open, it is your responsibility as a parent/guardian to determine if it is safe for your child to go to school in/under severe weather conditions or warnings. This is consistent with parental choice and responsibility as outlined in the Education Act.

## **Inclement Weather Procedure During School**

During poor weather conditions, we are often asked how we decide whether our students will be staying inside or going outside for physical education classes and/or recesses. Our bottom line is deciding if the weather conditions may present a situation of danger to children. Generally, winter weather in the Airdrie area presents a limited number of days when conditions are dangerous. Children need to be well prepared and properly clothed. We do not have an absolute temperature cut off when children remain inside. The ballpark number we work with is  $-20^{\circ}\text{C}$  (with a windchill), but there may be days when children go outside if it's colder (sunny day, no wind) and there may be days when they stay inside if it's warmer, depending on other factors.

**NOTE:** In extreme cold weather, it is particularly important that students do not arrive earlier than their assigned entry time. Doors will not be open before 8:45 am.

## **Dress for the Weather**

As the weather is colder and our students continue to participate in outdoor physical education class, active commutes to school, classroom community walks, and daily outdoor recesses, proper clothing is critical for a positive experience and optimal learning at school. During times when the weather does warm up and it becomes a bit slushy, it would be beneficial to send an extra change of clothing (pants, socks) in your child's backpack.

### How to Dress for the Weather Guide

Outdoor play is a great way to support healthy growth and development. Opening the doors to outdoor play in all kinds of weather provides children and adults with opportunities to spark their curiosity, leading to wonder, exploration and learning. When children have the right clothing for the season it contributes to them having positive, rich outdoor play experiences that just can't happen indoors. Get outside, be curious, let children lead and have fun!

20°C: shorts, t-shirt, hat, sneakers

10°C: pants, long-sleeve shirt, socks, hat, sneakers

0°C: pants, long-sleeve shirt, jacket, socks, hat, gloves, sneakers

-10°C: pants, long-sleeve shirt, heavy jacket, socks, hat, gloves, boots

-20°C: pants, long-sleeve shirt, heavy jacket, heavy pants, socks, hat, gloves, boots

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### How to Dress for the Weather Tips

#### Tips for Hot

- Use sunscreen before going outside
- Wear a hat and sunglasses
- Bring a water bottle to stay hydrated

#### Tips for Rain and Wet Conditions

- Cotton absorbs moisture and stays wet and heavy. Avoid cotton clothing and socks on colder days
- Wear rubber boots to keep feet dry
- Elastic cuffs on sleeves of a rain jacket and ankles of splash pants keeps water out
- Pull pant legs OVER rain boots to keep feet dry
- Bring an extra set of clothes including waterproof mittens for cold, wet days

#### Tips for Cold

Dress in layers:

- **Base layer:** closest to your skin, fits snugly and helps wick moisture away. Look for wool or polyester fabrics.
- **Mid layer:** the insulating layer that keeps you warm. Stick to wool or fleece.
- **Outer layer:** protects you from the elements like wind, rain and snow. This layer should be waterproof with enough room for layers underneath.

www.getoutsideandplay.ca  
 www.befitforlife.ca

## Rocky View Schools Emergency Program

During any emergency, our first concern is the safety of our students and staff. In order to provide an effective response to any school crisis, the Division has developed an Emergency Response Plan. The Plan works in conjunction with other local emergency plans, since a school emergency could require the involvement of numerous agencies. The plans created for individual schools, along with the Division Plan, are reviewed annually and after an emergency occurs. Please take some time to review our Emergency Program found [here](#).

## Knights of Columbus Basketball Free Throw 2025 – Ages 9 - 14



## Basketball Free Throw 2025

Airdrie Knights of Columbus (Council 8045) is hosting its Annual Basketball Free Throw Contest on Tuesday, February 11, 2025, at St. Veronica School (380-Coopers Drive S.W.) in Airdrie, from 06:30 pm to 08:30 pm.

Registration will be from 06:30 pm. to 07:00 pm.  
Free throw shooting will start at 07:00 pm.

The K of C free throw is open to all boys and girls nine to fourteen. Age eligibility is determined by the age of the contestant as of January 1<sup>st</sup> (proof of age is required).

There is no cost to participate; participants must bring their free throw score sheet signed by a parent/guardian to participate.

Score sheets will be available at registration if you don't have one. You will still need your parents or guardian to sign the score sheet before you can participate.

First and second place winners in each category will move onto The Knight of Columbus District Free Throw Contest in Calgary, date and location to be determined.

For more information, please contact Elmer Stang at email [estang@shaw.ca](mailto:estang@shaw.ca).

Sincerely,

Mrs. Terry Lewis and Ms. Kathryn Smith  
Heloise Lorimer School Administration Team

